



JCI QUEENSWAY OFFICIAL MAGAZINE

# Progress

2023 ISSUE 2



## Woo Fung

**LIFE-TIME**

ACHIEVEMENT AWARDEE  
of Hong Kong Film Awards

## JCI CREED

***We believe:***

That faith in God gives meaning and purpose to human life;  
That the brotherhood of man transcends the sovereignty of nations;  
That economic justice can best be won by free men through free enterprise;  
That government should be of laws rather than of men;  
That earth's great treasure lies in human personality;  
And that service to humanity is the best work of life.

## JCI MISSION

To provide leadership development opportunities that empower young people to create positive change.

## JCI VISION

To be the foremost global network of young leaders.

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## TABLE OF CONTENTS

JCI Creed Vision and Mission	2
JCIHK & JCI Queensway Introduction	3
Chief Editor Message & Acknowledgement	3
Message from President Heidi Chong	4
Message from National President Senator Kenneth Yu	5
Message from National Assigned Executive Officer Evan Leung	6
Organization Chart Of JCI Queensway 2023	7
Year Plan Of JCI Queensway 2023	8
Board of Directors' Photo	9
Introduction of Slogan of 2023 JCI Queensway	9
Cover Story - An Interview with Woo Fung	10 - 12
Area Review - Community Development	13 - 15
Area Review - Business Affairs	16 - 18
Area Review - International Affairs	19 - 20
Area Review - Leadership Development	21 - 22
Area Review - Membership Affairs	23 - 26
New Members Introduction	27
Senior Members Club Review	28
Advertisement	29 - 39

## JCI QUEENSWAY INTRODUCTION

JCI Queensway is one of the 21 local chapters of JCIHK. It was formed, for the first time in the history of JCIHK, by a group of prospective members with the assistance of a few senior members in 1984. JCI Queensway is a mixed chapter using English as the official language. Originally it is formed with the individuals from a variety of professions. It seeks to harness this diversity to create positive change. Over the years JCI Queensway has been actively involved in various projects with the aim of serving the community as well as providing training to its members. Now our aim targets at caring about the community, serving and rewarding the community.

JCI Queensway represents a network of highly-motivated and forward-looking young people between the ages of 18 and 40 who come together to under a common mission: "to contribute to the advancement of the global community by providing the opportunity for young people to develop the leadership skills, social responsibility, entrepreneurship and fellowship necessary to create positive change". In addition, JCI Queensway provides opportunity for individual to excel in their personal development under the four areas: individual, community, international and business. Over the past 39 years, JCI Queensway has been actively involved in various projects with the aim of serving the community as well as providing training to its members.

## JCI HONG KONG INTRODUCTION

Junior Chamber International Hong Kong (JCIHK) (formerly named as "Hong Kong Junior Chamber"), inaugurated in 1950, is affiliated with the worldwide leadership development organization – The Junior Chamber International (JCI). JCI has a worldwide membership of over 200,000 and more than 100 countries around the world.

In Hong Kong, we have about 2,000 members representing a network of highly motivated and forward looking young men and women who are mostly entrepreneurs or executives from a wide range of trades and businesses. The active members are between the ages of 18-40 from 21 local chapters, who make full use of their leisure hours to work for the betterment of the community and themselves.

The purpose of Junior Chamber is to provide development opportunities that empower young people to create positive change.

## MESSAGE OF Chief Editor

Dear readers,

On behalf of the team, I would like to say thank you so much for reading our Progress II issued by JCI Queensway.

In this edition, we successfully invited Bowie WU Fung (also known as "Sau gor") who was just received the Hong Kong Film Award for Lifetime Achievement this year and National President of JCIHK Kenneth YU for our two featured interviews. During the interviews, they were eager to share a lot of their wisdom and knowledge with all of us. I would say I learnt a lot from them and I hope you would do the same as well.

I hope you find something interesting and useful here. Happy reading and see you in our QJC's activities soon!

Best regards,



**Allen Po**

Chief Editor of Progress II

## ACKNOWLEDGMENT



**Heidi Chong**  
President



**Tiffany Leung**  
Vice President  
Membership Affairs &  
Public Relations



**Kelvin Cheung**  
Director  
Leadership Development  
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**Michelle Wu**  
Vice President  
Community Development  
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**Samuel To**  
Director  
Business Affairs &  
Membership Affairs

## MESSAGE OF JCI Queensway President

*Heidi Chong*

2023 JCI Queensway President

It is with great pleasure and pride that I address you today as we reach the midpoint of our journey in 2023. Our slogan for this year, "Nourish, Flourish, and Inspire," summarises the essence of our mission and the values we hold. It serves as a guiding principle as we strive to make a positive impact in our beloved chapter, community and beyond. Through our collective efforts, we have embraced the spirit of **CARING, UNITY, BUSINESS, and EXPLORATORY**, represented by our beloved mascot, Mr CUBE.

I am delighted to announce that we have successfully completed two flagship projects. The first flagship project, the Extraordinary Branding Awards 2023, celebrated and recognized outstanding organizations and individuals that have made significant contributions to their respective fields. They are recognized in categories such as Corporate Excellence, SME Excellence, Social Enterprise Excellence, Start-Up Excellence, and Entrepreneur Excellence, evaluated by a judge panel of Industry professionals based on criteria such as industry leadership, social responsibility, corporate governance, and sustainable practices. By highlighting these remarkable achievements, we aimed to inspire others to strive for excellence and make a lasting difference in their own endeavors.

Our second flagship project, the "Wheels Be Your Friends 2023" project encompasses various components aimed at enhancing the public awareness and understanding to wheelchair users. Through a comprehensive survey and field investigation, the organizing committee identified historical and legal challenges related to barrier-free access in Hong Kong, with a particular focus on older districts. This ground-breaking survey, conducted by a non-governmental organization, shed light on the pressing issues that need to be addressed. Two notable events under the project were the Circle Painting Art Inclusive Workshop and the Summer Canoeing Inclusive Sports Event. The art workshop fostered collaboration and communication among participants, including wheelchair users and community seniors, promoting integration and well-being. The summer sports event provided a first-hand experience of the challenges faced by the disabled and wheelchair users, promoting social acceptance, equality, and a culture of diversity and inclusion.

These accomplishments would not have been possible without the support of our members, sponsors, and community partners. I extend my deepest gratitude to each and every individual and organization that played a role in the success of these projects. Your dedication, expertise, and generosity have made a tangible difference in the lives of many.

Looking ahead, I am filled with anticipation for the remainder of the year. We will strive to nourish the minds and bodies of those in need, provide opportunities for individuals and businesses to flourish, and inspire everyone to create positive change in our community.

In conclusion, I am immensely proud of our achievements, and I am confident that with our collective efforts and dedication, we will achieve our goals and create a lasting impact. Let us continue to nourish, flourish, and inspire, as we work towards a brighter future.

Thank you for your continued support.





## MESSAGE OF JCI Hong Kong National President

### *Senator Kenneth Yu*

*2023 JCI Hong Kong National President*

It is my pleasure to write for your publication “Progress”. What an apt name, as JCI Queensway has achieved much progress under President Heidi’s leadership and through your remarkable efforts this year!

I am continuously impressed by your chapter’s diverse array of impactful projects and events. From recognizing local businesses with the Extraordinary Branding Awards, to assessing accessibility for the disabled with “Wheel be your friends,” you are creating meaningful change across Hong Kong. I especially applaud your initiative in garnering media coverage for your wheelchair survey - amplifying your message and influence.

Equally inspiring are the wide-ranging event topics you have explored, from art to wine, leadership to fashion. By engaging your members’ wide-ranging passions and talents, you have nurtured fellowship and personal growth. And through cultural exchanges like your trip to Nansha, you have broadened perspectives.

At its core, JCI Queensway represents young people coming together under a common desire to uplift their communities and themselves. Your actions this year have embodied this mission.

As you look ahead to the future, I encourage you to continue pushing boundaries, innovating new ideas, and collaborating across differences. Progress takes people who are unafraid to take the first step. JCI Queensway, you are those courageous leaders.

Keep up your phenomenal work. I cannot wait to see the progress you will continue to make in Hong Kong!



## MESSAGE OF National Assigned Executive Officer

*Evan Leung*

*2023 JCI Hong Kong National Assigned Executive Officer*

“A Small seed makes a big tree.”

I think this proverb describes JCI Queensway and President Heidi in this half of year.

The slogan of JCI Queensway for 2023 is “Nourish, Flourish & Inspire”, encapsulating this year’s goal to nurture members to become leaders with love, care, and confidence.

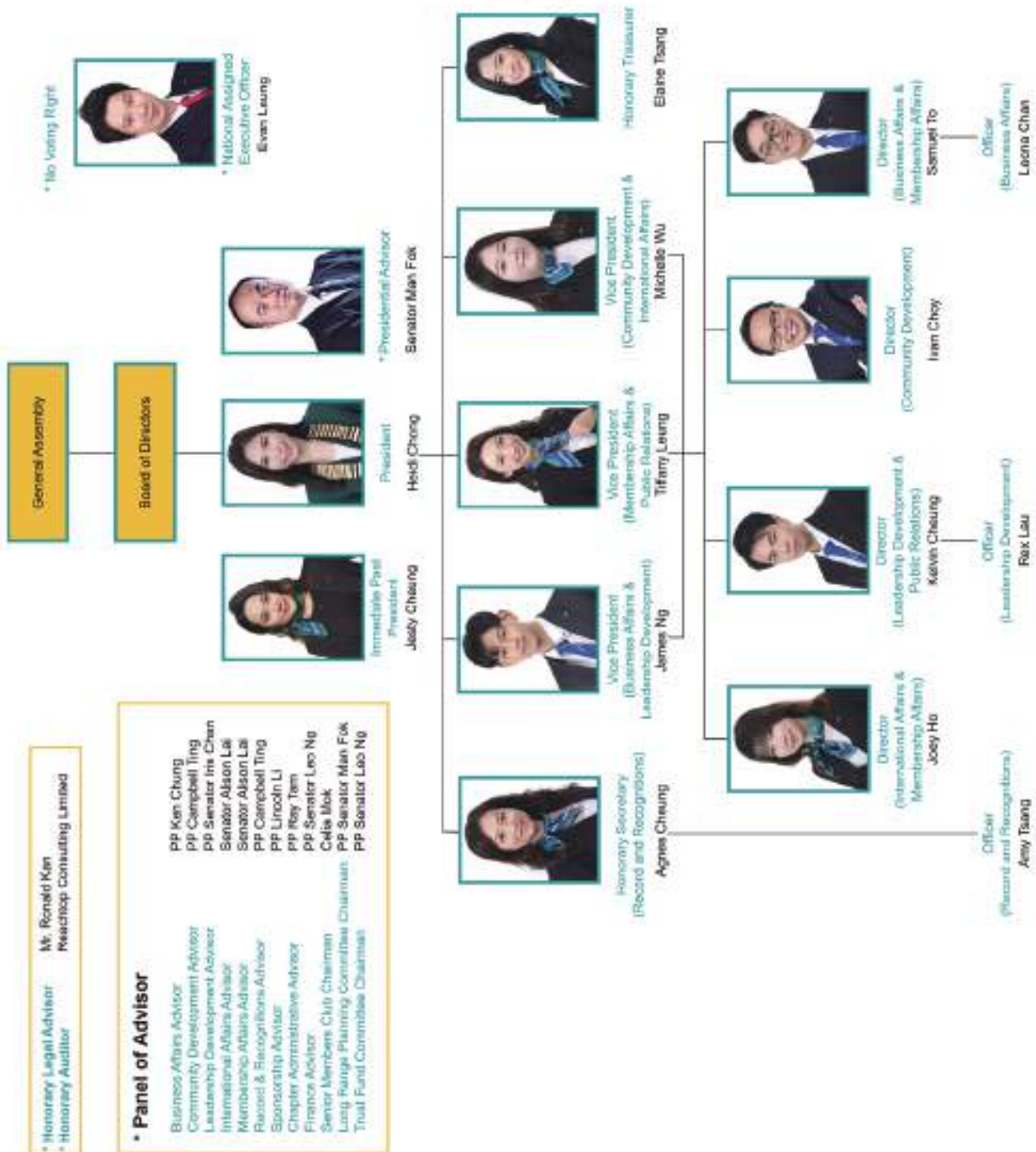
JCI Queensway has held a lot of good projects this half year that covered all four Areas of Opportunity - Business, Individual, Community and International. Their flagship project “Extraordinary Branding Awards 2023” in business affairs has already launched. Besides, I am also looking forward to their NEW flagship project focusing on wheelchair users “Wheel Be Our Friends 2023” in the community development area this year. I can see the team has put a lot of effort into this project and I strongly believe that they will “reap what they sow” at the end.

After half a year, President Heidi has already become a mature tree that provides shade, shelter, and sustenance to those around her. Just as a tree produces seeds to grow new trees, I hope JCI Queensway can pass down its knowledge, values, and culture to future generations of young leaders.

It is my honor to walk this rewarding and fruitful journey with JCI Queensway and I wish JCI Queensway great success the remaining months this year and in the future!



# ORGANIZATION CHART OF JCI Queensway 2023









*Nourish  
Flourish &  
Inspire*



To NOURISH our Queensway members through meaningful and stimulating events to provide them with the means to grow and realize their self-worth.

To ensure our Queensway members FLOURISH by providing different development opportunities and experienced leadership, allowing our members to fulfill their life goals and achieve their JCI path.

To INSPIRE our Queensway members to become active leaders & create great impacts in our global community.

## Cover Story An Interview with Woo Fung

*You're known as the "Evergreen Tree" in the entertainment industry and you have always been passionate about the industry. As we know, you just held your concert at the end of last year and also won the Hong Kong Film Awards – Lifetime Achievement Award this year.*

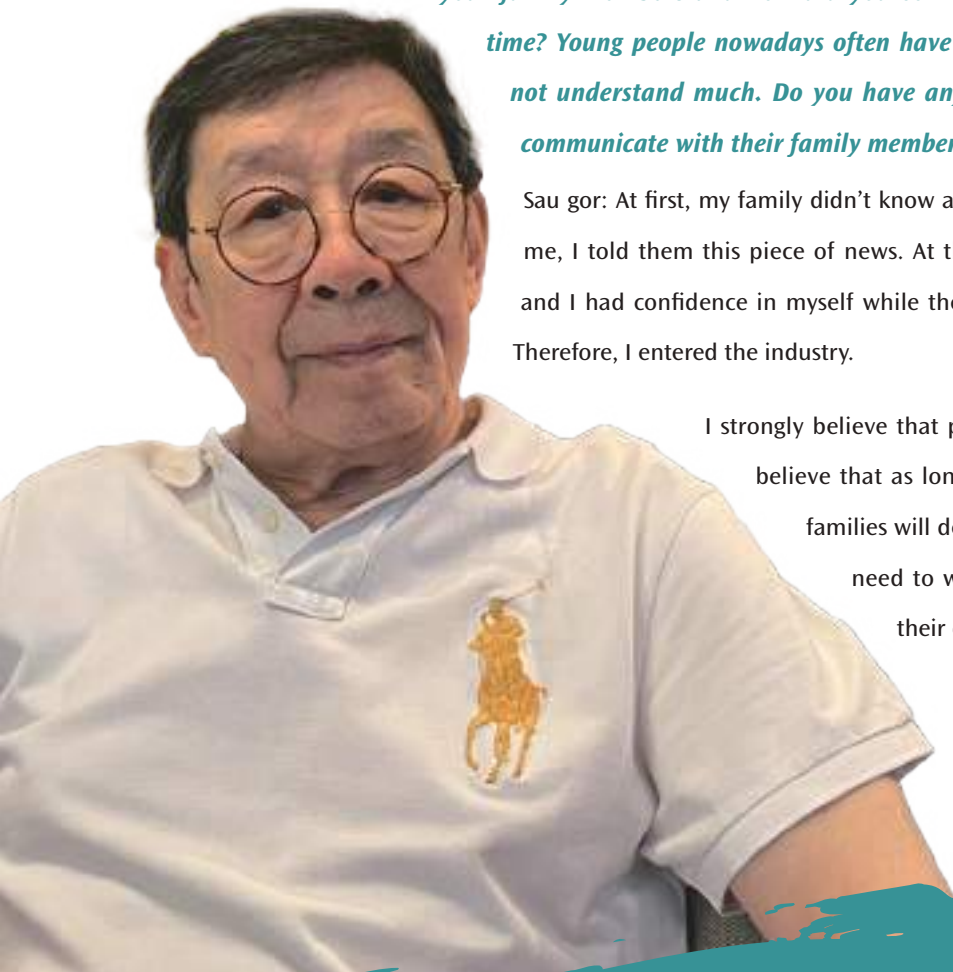
*However, we know that your family owned a business, and wanted you to continue the business. How did you get into the industry in the beginning and why?*

Sau gor: In fact, I myself have a very strong interest in acting. Back then, when I saw a company held a training class for acting, I just went for it. My family members were against it in the beginning because the income from performing arts would not be stable and my family members felt that this industry was too "colorful" and might not be so suitable for me. Of course, my family also hoped that I would take over the family business, but then I firmly wanted to start my career in this industry, and I have been doing it until now.

*After giving up continuing the family business and applying for the entertainment industry, did you face opposition from your family members and how did you communicate with your family members at that time? Young people nowadays often have their own dreams, but family members may not understand much. Do you have any suggestions for the young people to better communicate with their family members when pursuing their dreams?*

Sau gor: At first, my family didn't know about it, but in the end, after the company hired me, I told them this piece of news. At that time, I was determined to go my own way, and I had confidence in myself while the company was willing to invest on me as well. Therefore, I entered the industry.

I strongly believe that parents nowadays are also very supportive, so I believe that as long as young people are willing to do well, their families will definitely support them. Young people might only need to work hard and keep a firm heart when chasing their dreams.





*During one of your interviews, you mentioned that it was the first time for you to enter the set for the filming of "Men's Hearts" in 1953. You were so worried about your performance and how did you overcome your fears. How do you suggest the young people to get out of their comfort zone and encourage them to move forward?*

Sau gor: When I entered the movie set at the very first time, I was indeed a bit worried. However, I thought at the time that I just had to do as usual, read the script well, and work hard to overcome my inner fears. I believe that it is just a psychological effect for most of the time and actually there is nothing to worry too much. Therefore, it is also a good practice for the young people to explore and try more.

*You experienced the transition from dialogue films and literary films to musical films. Just as the times are changing rapidly now, people's lives and technology are also changing more rapidly than before. Based on your experience, how should we adapt to the changes?*

Sau gor: Yes, the industry and the world are changing so fast. The most important thing is to adapt and adjust yourself. In the past, I just wanted to "entertain myself first, and then others", so I was not too afraid of changes at all.

*Your acting career has exceeded half a century, what is your biggest reward?*

Sau gor: Yes I have been in this industry for more than half a century, and my greatest achievement is that I have met so many good actors and friends here.



*Till now, you have filmed for more than 300 movies, more than 80 TV series, and held 5 concerts in the Hong Kong Coliseum. What keeps you so enthusiastic?*

Sau gor: As I have shared with you just now, “entertaining myself first and then entertaining others” is always my purpose. And of course, as I also put in a lot of effort myself, together with the right time, place and people, I have been working well until now.

*Could you please share with us the most memorable turning point in your life? How did you face this challenge?*

Sau gor: In 1964, my workload began to decrease, and then I just made a decision, that was if there were any roles for the films, I was willing to try. Today, when I look back, this decision made me who I am today.

*Finally, could you please share with us the thing that you want to do the most right now?*

Sau gor: I am not going to share this with you now, but I believe that this will be successful, and everyone will know this piece of good news very soon. Please stay tuned. Thank you so much!



# COMMUNITY DEVELOPMENT

## Community Flagship Project "Wheels Be Your Friends 2023"



As society continues to age, many elderly individuals require the use of wheelchairs, while people with disabilities rely on wheelchairs for mobility. In order to promote and establish a more inclusive, friendly, and barrier-free society, we launched the "Wheels Be Your Friends 2023" with three major events.

From May to June, a survey was conducted, interviewing wheelchair users (including people with disabilities and the elderly) and their caregivers, as well as the public, to explore the current situation and difficulties faced by wheelchair users in terms of hardware and software for travel. We also conducted on-site visits in Kwun Tong, an old district, to assess the accessibility of street level shops and establishments. Survey results were announced on 25th June, and the press release was supported by Guests of Honor Hon TANG Ka-piu, BBS, JP, and Chairperson of Equal Opportunities Commission Mr CHU Man-kin, Ricky, I.D.S. We were delighted to have received coverage on over 17 media outlets and newspapers including the front page of Wenweipo, as well as interviews on special programs in TVB and RTHK. TVB and other NGOs also conducted similar studies in the following months.



Inclusive Circle Painting Workshop - second event of the project - was successfully held on 29th July. The event was full house with over 100 attendees including Seniors and teenagers from Kwun Tong district, intellectual disabled, and wheelchair users. Participants use their creativity to create their own painting using circles and simple patterns, which were then put together to form a unique yet harmonious piece of large artwork. Through this event, we hope to gather different members of the society together to engage in communication and mutual understanding, thus social integration of not only wheelchair users but other vulnerable groups. We are pleased to receive positive feedback from participants who enjoyed the event and would like to join similar workshops in the future.



Inclusive Kayaking experience cum closing ceremony was held on 13 August in Chinese Y.M.C.A. Wu Kwai Sha Youth Village. More than 20 participants joined the kayaking experience. It is our pleasure to have JCI Hong Kong National President Elect Senator Ben Mak with us that morning. Participants were blindfolded or have one arm tied up when kayaking to experience the difficulties faced by physically challenged people. Through this experience, participants have learnt to put oneself in other's shoes and increased their sense of empathy.



Spanning May to August, JCI Queensway Community Development flagship project Wheels Be Your Friends 2023 held three events – press release, circle painting and kayak – that aim to raise awareness towards wheelchair users' difficulties to the public and to local community. With utter surprise and delight, this project was awarded Best New Project 2023 during JCIHK National Convention in late September. This was indeed great encouragement to the efforts put by the project team and recognition of the impact our survey has brought to the society.

# COMMUNITY DEVELOPMENT

## JCI Queensway Volunteer Group



This year the Community Development team initiated the QJC Volunteer Group, with the aim to increase member's engagement and as a means of member recruitment.

In February, we joined a food collection and distribution event in Yuen Long. Over two weekends, volunteers collected hundreds of unsold bread from local bakeries, slightly damaged fruit from fruit stalls and distributed them to low-income elderlies and homeless individuals. The event was a great success, with over 100 individuals receiving bread. The event not only saves food that would have been otherwise disposed of, provided food to those in need, but also



taught our volunteers about poverty in our community and to cherish what we have.

In March, we joined an art project organised for children with dementia. The event aimed to provide a creative outlet for children with dementia. The volunteers worked with the children to create a large artwork using a variety of materials, such as paint, markers, and their hands. The finished piece was exhibited which was covered by the press. The event not only provided an opportunity for children to engage in a fun activity, but also raised awareness about dementia and the challenges that families face when caring for loved ones with this condition.

In May, a group of volunteers visited low-income families to provide support and assistance. The volunteers provided food and other essential items to families who may be struggling to make ends meet. The visits were a great success, with families expressing gratitude for the support they received. The event not only provided much-needed assistance to families but also helped to build a sense of community and showed that people care about each other.

Overall, these events demonstrate the importance of community involvement and the impact that can be made when people come together to help others. Supported by positive feedbacks, CD team will continue to seek different volunteering opportunities for our members.





## **BUSINESS AFFAIRS**

### **The Extraordinary Branding Awards 2023**

#### *Opening Ceremony*

5...4...3...2...1... Boom! As the gold and silver confetti settled on the ground of Hong Kong Science and Technology Park on April 22, the nomination period of the Extraordinary Branding Awards 2023 officially commenced.

We were honoured to have invited Under Secretary for Labour and Welfare Mr. Ho Kai Ming, JP to be our Guest of Honor for the ceremony. Additionally, we were able to invite iMBA's founding member, Mr. Toby Chan to be our guest speaker of the event! Their speeches not only brought insightful advice for our audience for doing business in Hong Kong and in international markets,



but also encouraged our own members, the youth generation, to participate more and make an impact in the business world. We are also very grateful for the attendance from our judges and supporting organizations! Their continuous support reinforces our members' faith that our hard work in organizing this Award for the 3rd year is definitely benefiting our society and Hong Kong's enterprises.

In 2023, as Hong Kong begins following the rest of the world in reopening their borders and restarting its recessed economy, our position as a global organization puts us in a unique position to assist our local businesses. Our theme for this year aligns ourselves with the government's goal of reigniting Hong Kong's special situation as the link between Mainland China and the International community, by organizing networking and collaboration opportunities for our members.

As we follow the government's road to reignite business and tourism in Hong Kong through initiatives such as "Hello, Hong Kong" campaign and the Global Financial Leaders' Investment Summit in 2022, we wish to help to promote our awardees to incoming investors and consumers. We hope that through advertisements, public exposures, and networking, we can help our Hong Kong businesses along this road. Becoming "Asia's World City" is not a journey to be made in a day or two. "說好香港故事" is not a story that can be told quickly.





## BUSINESS AFFAIRS

### The Extraordinary Branding Awards 2023

#### Closing Ceremony

The Extraordinary Branding Awards 2023 has successfully chosen its third generation of extraordinary Hong Kong businesses that exhibit excellences in their respective categories and industries.

The Award Ceremony was hosted on August 16, 2023. With over 90 witnesses including our judging panel and supporting organizations, our 20 awardees and their enterprises received high recognitions in 5 different categories: Corporate Excellence, SME Excellence, Social Enterprise Excellence, Start Up Excellence, and Entrepreneur Excellence.

To be nominated and chosen by our panel of esteem judges, all of our Awardees must display industry leadership, social responsibility, corporate governance, and sustainable practices! Through the Extraordinary Branding Awards, we hope to provide further advancement opportunities for our awardees and create a platform for them to present themselves within our Awardees' Club network. Please stay tuned for a series of advertisements featuring our Award these coming months. We look forward to your participation in the Extraordinary Branding Awards 2024!

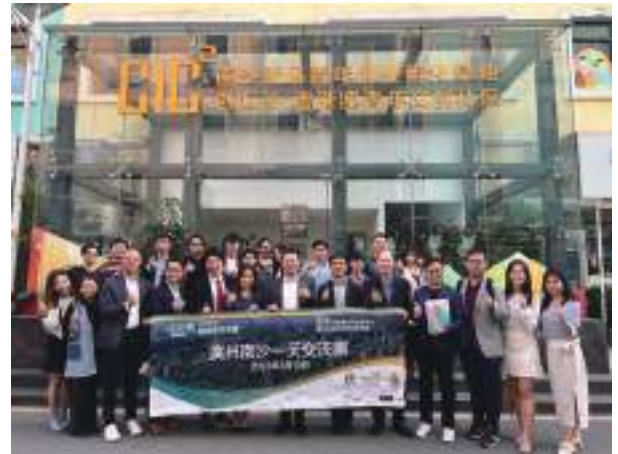




# BUSINESS AFFAIRS

## Nansha business exchange Trip

March 10th was an amazing experience to be part of Queensway's first Nansha business exchange! We got to know more about the Guangdong-Hong Kong-Macao Greater Bay Area. We were invited on guided tours of the Fok Ying Tung Research Institute, Jointek trading, and New Youth Apartment and learn more about the benefits and funding for the youth to develop their business there. It was very well appreciated and exciting news for us. It all accumulated to the signing of a partnership agreement between JCI Queensway and 廣州市南沙區青年聯合會! It was a great trip and hopefully there will be more Queensway activities with Mainland in the future.



## INTERNATIONAL AFFAIRS

2023 JCI ASPAC in Jakarta Indonesia

Eleven members attended the 2023 JCI ASPAC in Jakarta Indonesia from 10th to 13th May. It was our first overseas area conference after the Covid-19 pandemic, and the first International Affairs event for many new members. The four-day event was a great success where we had an amazing time, made new connections, and created many good memories.

During the Trade Show where each chapter promoted their projects or did fundraising, we had the opportunity to exchange thoughts with fellow delegates and learn what they are doing to positively impact their society. Members from our sister chapter and friendly chapter also came to support us.

The highlight of ASPAC was undeniably National Night, where each country/region showcased their local culture to other delegates. This year's Hong Kong Night theme was Traditional Hong Kong, and JCI Queensway was responsible for hosting a herbal tea pong game booth. The evening reached its climax with a fashion show featuring locally designed Qipao worn by our female presidents and members. Our personal favourite was of course our President Heidi!

Our member Samuel To was one of the three representatives from JCIHK competing in the JCI Debating Championship. Although Hong Kong did not win, we were proud of him nevertheless for speaking in front of a crowd and for the many hours of hard work that became valuable experience.







The most memorable part of the conference was the opportunity to meet new people and make new connections. As all participants agreed, that was the true essence of “1 (International)” in JCI. We exchanged not just business cards but also ideas and experiences, and we learned about the different challenges and opportunities in each of our respective regions. We also had the chance to explore Jakarta and experience the local culture and cuisine.

Overall, 2023 JCI ASPAC was a great success. Sincere gratitude goes to ASPAC COC team, JCIHK on-to team and our IA team for the work put in to make it such a wonderful experience. This post-pandemic ASPAC was a fantastic opportunity to reconnect the JCI community, and we look forward to attending more overseas conferences in the future.



## INTERNATIONAL AFFAIRS

### *Sister chapter JCI Kuala Lumpur Mandarin Reception*

From our sister chapter JCI Kuala Lumpur Mandarin, a group led by President Sze Nee Lee visited Hong Kong in January to attend our inaugural ceremony. Finally able to visit each other again after three years of pandemic and lockdown, the bonding remained strong as we greeted one another like old friends.

At the inaugural ceremony, we were delighted to have President Sze Nee make a speech and exchange souvenirs. It was our pleasure to have our sister chapter witnessing this significant moment.

Apart from attending the inaugural ceremony, the guests also took the opportunity to go sightseeing around Hong Kong. From munching on pineapple buns in one of the most popular cafés in town, to looking down on the scenic skyline at the Peak to capturing photogenic spots in Tai Kwun, they explored the best traditional culture and latest trend Hong Kong has to offer.

More fellowship gatherings and parties in between concluded their 4 days visit in high spirits. As we see them off at the airport, we cannot wait to see each other again very soon during ASPAC in May and again in July when we visit them in Malaysia.





# LEADERSHIP DEVELOPMENT

## Joint training workshop - JCI Empire

In January, JCI Queensway co-hosted with JCI Hong Kong Jayceettes to perform a training workshop - JCI Empire. Head trainer Senator Winnie Yeung taught the knowledge of DISC personality and guided us to play a game about how to put people of different personalities together to run a project.



## JCI Hong Kong Executive Academy 2023

At the end of April, Executive Academy 2023 was successfully organized at Shatin Breakthrough Youth Village co-hosted by JCI Lion Rock, JCI Yuen Long and JCI Queensway. Anthony Cheng, Agnes Cheung and Rex Lau represented JCI Queensway to participate in this two-day camp. Led by Senator Licca and Senator Roberto, the trainer team from JCI Hong Kong and JCI Macao shared a lot of different tools and knowledge to participants. Below is the sharing from one of the participants - Agnes.



Dear Qs

Good day!

I am Agnes Cheung, the Honorary Secretary of JCI Queensway 2023.

Very honored and pleased that my mother chapter nominated me to attend Executive Academy this year. It was co-hosted by JCI Lion Rock, JCI Yuen Long and JCI Queensway and it was a great success.

Head Trainer Senator Licca Chan, Deputy Head Trainer Senator Roberto Antonio Noronha, and Assistant Trainer Team from JCI Hong Kong and JCI Macao, thank you so much for sharing your expertise and experience. The camp surely brings us unforgettable memories.

During the 1night and 2 days camp, the trainers focused on three key areas: Building a Functional Team, Gaining Support for Your Project, and Attaining Sponsorship Successfully. These skills were very useful and practical to our work. I was impressed by Trainer Senator Shirley Chan, who taught us how to manage meetings scientifically. This idea was new and innovative to me.

We are all very glad that all of us gained valuable insights and practical skills on how to build and lead a high-performing team, how to gain support for their projects from key stakeholders, and how to successfully secure sponsorship for their initiatives.

And, most importantly, we met friends from JCI Macao, China. All of us cherish the friendship through this camp, we get even closer when we meet again in Jakarta, ASPAC2023.

Thank you JCIHK, JCI Maco, China.

Thank you all trainers!

Thank you OC Team!

Thank you EA Camp 2023!





### JCI ASPAC 2023 Debating Championship

In the middle of May, one of the biggest events in JCI, ASPAC, was organized in Jakarta. Our ordinary member Samuel To was elected to be one of the debate team members to join the debate session in ASPAC, below is his sharing.

8 countries in teams of 3, fought for the title of Debate Team Champion during the recent Asia and the Pacific Conference hosted in Jakarta, Indonesia. I was honoured to have been chosen to be one of the 3 to represent JCIHK at this event! I never expected to join the Debate Team when I first joined, and definitely, I never expected to have enjoyed the journey this much.



It was a pleasure to have met and worked with over 30 JCIHK members who joined the debate training this year. Throughout the preparation stage in Hong Kong, we were privileged to have three workshops led by three outstanding trainers: PNP Stanley, PNP Winnie, and PP Nathan! We were taught presentation skills, debating techniques and whole new ways of thinking; invaluable skills to have as a leader.

Even though we were not able to make it to the finals this year, ASPAC was an eye-opening experience, nonetheless. Knowing how to speak in English and knowing how to debate in English are two very different concepts, and I learned this tough lesson by watching

our excellent competitors from the other countries perform. However, my most memorable moment of the entire competition was standing up on the stage and seeing the first 4 rows of the audience all occupied by our JCIHK members! We were incredibly moved by the huge show of support. I must thank you again to my own JCI Queensway who so thoughtfully created a lightboard in support of me and also to the National Leadership Development team who were with us every single step of the way.

A ragtag group of like-minded individuals, uniting to achieve a common goal together. That was what it was like on the debate team this year, and that is what JCI is all about. Show us your support again at World Conference 2023 in Zurich as we once again try to prove ourselves on the international stage!

# MEMBERSHIP AFFAIRS

## The Five Star Training Camp

The Five Star Training Camp is a two-days, one-night intensive training program that offers new members opportunities to gain a deeper understanding of JCI value, project management and leadership skills. The training program includes workshops, seminars and interactive sessions. Participants also had the chance to network with JCI members from other chapters and build relationships that can last a lifetime. In 2023, we have four members from JCI Queensway joining the Five Star Training Camp!

### Zachary Chan

Having participated in the 37th 5-Star Training Camp, I am thoroughly invigorated by the passion and dynamism of the Junior Chamber International. This two-day, one-night event not only equipped me with practical knowledge about the Chamber, but also introduced me to members from different chapters, expanding my network. This training camp has deepened my understanding of the spirit and values of the JCI, filling me with anticipation and confidence for my future journey here. I look forward to applying the knowledge and experiences gained from the camp into my work and to creating a brighter future alongside more members. Let's rock this, and make the most of our youthful energy!

### Priscilla Yip

Thank you JCI Queensway for giving me this opportunity to join the 38th 5-star training camp. As a newbie, this camp really gave me a great picture of what JCI is and the opportunities that JCI can provide us. I have learnt more about the spirit of JCI through the Creed, Mission and Vision, and more about the JCI pathway. I met a lot of new friends from different chapters, and shared our goals together. Looking forward to seeing them again after the camp!!

### Joey Ho

The 38th 5-star training camp has been a transformative experience for me. I have learned valuable knowledge of JCI as well as project management and leadership skills. I am grateful for the excellent training provided by the training team led by Head Trainer Naomi. Most importantly, I met new friends from different chapters and achieved our target together. The camp also inspires me to try different things and I look forward to continuing my JCI journey!

### Samuel To

I've heard that to join JCI, but not join 5-star was one of the biggest mistake old members made. I agree. The trainings were interactive and interesting and the friendships lasting for my entire JCI life. Thank you HT Naomi and her trainer team for making my first camping experience so memorable!





### Orientation Day

JCI Queensway's Membership Affairs Team organized the first-ever orientation day. The event aimed to introduce the newcomers to the JCI Queensway family and promote interaction among members.

Participants were divided into groups to compete in ice-breaking games and team-building activities that helped improve communication among members. This was followed by a trust game which helped members to build trust and reliance on each other. The most exciting part of the day was the collaborative soccer match in which members were paired up in teams of two, holding hands back to back and trying to kick the ball. It was a thrilling game that required coordination and teamwork.

There was also a question and answer game about JCI knowledge. It was a great opportunity for the prospective members to learn more about the organization and its goals.

The first orientation day was a great success. The games were fun and engaging, and everyone participated enthusiastically. The goal was to help the prospective members get to know more people and to have a stronger bonding. It achieved that goal and more, leaving everyone excited for the next JCI Queensway event.



# MEMBERSHIP AFFAIRS

## Sports Day

JC Sports Day is an exciting event that brings all JCI Hong Kong members from different chapters to compete and showcase their athletic abilities. The event featured a range of competitions, including track and field events and a family relay race. The event is an excellent opportunity for JCI members to participate in friendly competition and team building.

The highlight of the day was undoubtedly the spectacle of the immediate past presidents wearing dinosaur costumes and taking part in a fun 100m race.

JCI Queensway was well represented with over 10 members participating in various competitions. The team performed exceptionally well by earning medals in multiple events. Special recognition goes to our member, Allen Po, who emerged as the overall champion. Moreover, our members also put on an impressive display of cheerleading, adding to the festive atmosphere of the day.

Overall, the JC Sports Day was a resounding success, promoting a healthy and active lifestyle while also fostering a sense of community and fellowship among its members.



### Nelson Chan

-Champion of Male 3000m Race

-Champion of Male 1500m Race

### Terry Chan

-Champion of Male 800m Race

### Allen Po

-Champion of Male High Jump

-First-Runner-Up of Male 400m Race

-Second Runner-up of Male Long Jump





**Interview with Member Allen Po**

Allen Po is a remarkable individual who joined JCI Queensway in 2017. He has proven to be an exceptional member, having won the Man's Overall Championship of JCI Sports Day and achieving great success in public speaking. We are thrilled to interview Allen about his impressive victory in the sports day. His dedication and hard work are truly inspiring, and we look forward to learning more about his journey.



**1. What inspires you to participate in sports and what motivates you to persist in playing sports?**

I like the way sweating feels and that's why I persist in playing sports. Also, I believe that a good leader needs to be spiritually, mentally and physically fit enough to lead a team of people. Therefore, as a young leader in my workplace and the community, I always push myself to stay fit.



**2. What emotions do you experience upon winning overall champion in sports day, and how do you prepare yourself for competition through training?**

I didn't expect to win the Men's overall champion in the JC Sports Day 2023. I just tried my best in every single match on that day and eventually this award came to me. I have more than twenty years' experience in joining competitions in sports. Although I have received more than 130 medals throughout those years, I was very excited to receive this award as this was actually the 1st overall champion for me in a track and field stadium.

**3. What has been your greatest challenge and how did you overcome it?**

As typical Hong Kong citizens, we are all busy at work. Sometimes I am very tired after work. Striking a balance between work, life, and doing sports is one of the biggest challenges I am facing. When I'm tired, I might just do some swimming or meditation with a bit of stretching exercise. When I am more energetic, I might then spend time on more strenuous exercise. I would say being flexible is good enough.

**4. In what ways do sports impact your life?**

Sports have played a very important role in my life and made me a more disciplined and positive person as well. Also, I am so grateful to have met so many good people when I'm doing sports. It brings tremendous impact to my life.

**5. What advice would you give for people who want to start playing sports?**

Remember, any amount of physical activity is better than none! If you're willing to start from zero and keep taking small steps, you will be great one day no matter what you are doing. Also, joining programs or competitions is a way to encourage ourselves to work hard and go further. Of course, remember to recognize small efforts. Buy something you like as a little gift or treat yourself with something cool to make yourself happy after accomplishing something!





# MEMBERSHIP AFFAIRS

## New Member Introduction



**Eric Kwok**

I am Eric, currently working in insurance and risk management sector. I have 18 years experience in the industry. I would like to meet new friends in JCI Queensway and widen my horizons.

I joined JCI Queensway in 2022 and became ordinary member in April 2023.

JCI Queensway is a warm and fruitful family. I want to create new friendships with different types of members in JCI . Do come to me and let's chat.



**Joe Fu**

I am Joe. I am interested in doing herbal medicine business because of my father and our family business. My father is a Chinese medicine practitioner and opened a shop in Kowloon City in 1987. Under the positive influence of my father, I was majoring in Chinese medicine in Guangxi University. I am outgoing, so I participated in various social activities such as JCI. Last year, I joined JCI Queensway and I learn how to organize different sizes of activities. Through planning various activities, I can broaden my horizons and make more friends.



**Moon Liu**

"Nourish, Flourish and Inspire" was the motto of JCI Queensway this year. There are a lot of opportunities to join and to organise a variety of projects with different members, during the whole time in Queensway. I have learnt a lot from the predecessors and it inspires me a lot about planning events and resource management.

People in JCI, especially in JCI Queensway, give me a lot of support and love in doing different projects and activities. From their love and care, I wish I can be a leader no matter in my own business or as a global citizen.



**Titus Chan**

Hello from Titus! By participating in a photo class held by a local chapter of JCIHK which randomly popped up on my Facebook, I have a chance to discover such a wonderful family. JCI Queensway offers opportunities for me to develop my skills in communication, leadership and event organizing by being OC of various events.

JCI Queensway broadened my vision with systematic organization planning, different networking events, social responsibility activities, etc. Never be too late to join JCI when you are still young (I mean the mental age haha!), I am sure your life will have an unbelievable change!



## SENIOR MEMBERS CLUB

As the chairperson of the senior member club of JCI Queensway, accompanied by fellow members, I had the opportunity to visit Tsz Shan Monastery and share a delightful lunch together. It was an experience that left a profound impact on all of us.

Stepping into Tsz Shan Monastery was like entering a serene and tranquil sanctuary. The awe-inspiring architecture, meticulously maintained gardens, and the overall atmosphere of peace and spirituality instantly captivated our hearts and minds. The sense of serenity was palpable as we explored the various halls, pavilions, and meditation areas.

Our visit to the monastery also provided us with a unique opportunity to immerse ourselves in the teachings of Buddhism, where we learned techniques to calm our minds and find inner peace amidst our busy lives. It was a truly enlightening experience, and many of us felt a renewed sense of clarity and purpose.

After the spiritual journey, we gathered for a shared lunch. The ambience was warm and convivial, with everyone engaged in lively conversations and laughter. The meal itself was a delight, featuring a array of delicious dishes.

What struck me the most was the sense of unity and camaraderie that permeated the event. As we gathered together, we shared stories, exchanged ideas, and forged deeper connections with one another. It was a beautiful reminder of the power of community and how coming together in a shared space can foster understanding, empathy, and friendship.

Leaving Tsz Shan Monastery, we carried with us a renewed sense of purpose and gratitude. The experience had reminded us of the importance of mindfulness, compassion, and the need to find balance in our lives. We were inspired to continue our personal and professional growth, while also contributing positively to the society we serve.

Our visit to Tsz Shan Monastery and the lunch left us with a profound appreciation for spirituality, community, and the pursuit of inner peace. It was an experience that will forever hold a special place in our hearts and serve as a guiding light in our future endeavors.



## INTERVIEW WITH SPONSOR

**JCI Hong Kong National President Senator Kenneth Yu**

**Q: What made you set up “Sense”? And what does “Sense” mean?**

NP: I first worked as a social worker in 2005. When I took on the role of youth work, I found that doing trainings and working for young people sounded more interesting to me. Therefore, I started to do trainings. However, the difficulty for me was that there was something you wanted to do, but you may not be able to achieve them under the framework as there were too many rules. And in 2009, we started a musical performance about anti-drugs. At that time, we found a group of marginalized youths, about 30 to 40 of them, and we did trainings with them so that they could participate in our musical performance on the stage. In the end, the response was very good, and the director also had a lot of deep feelings.

It was this musical performance that made me not to continue working as a social worker. At the same time, I started to study at the Hong Kong Polytechnic University and was ready to change my career. Later, by chance, my friend and a member of JCI Harbor encouraged me to join JCI. In the end, I started a business with this friend and founded “Keen”. After that, we hope that the company can use the courage to train others so that everyone can grow in different experiences. Thus, we changed our name from “Keen” to “Sense” and this has been established since 2012.

**Q: What was the thing that touched you the most?**

NP: I remember that there was a young people becoming our student since he was in his university studies. He has been helping us to lead groups and teach some training theories and foundations. You might ask why he impressed me so deeply and it’s because of his enthusiasm. He didn’t know how to do trainings in the beginning but then he started to embark on the journey of being a trainer. That’s what I was really touched. It was just a pity that he finally decided to leave our city so he had to leave the company as well.

**Q: As the National President of JCI Hong Kong this year, you have a lot of liaison work with the government this year. Do you think our status has improved in the government’s mind?**



NP: The government knows a lot about us because they have cooperated with us like “good friends” in the past. They kept supporting our activities and were willing to be our guest of honor. After the pandemic, we started to have even closer cooperation with the government, let them clearly know that we are an international organization for the young active citizens and we have a group of young people who are capable, responsible and have international perspectives. In addition, they understand that our organization is an international one and we have 104 locations working together. This network also allows us to achieve a greater impact on the society and even the world as well.

The above two points are the key points that we hope to let the government know. This year we just had a trip to Beijing so the government could see that we could achieve something that the government wants to achieve. For example, we would tell the story of Hong Kong well, and hope that through these processes, our influence can have a positive impact on the world related to our theme “Lead to Impact”.





**Q: Please rate from 1 to 10 what JCI Hong Kong has done this year from the beginning of the year to now.**

NP: I would say it is 9 points, the only point we didn't not achieve is that I still hope we can be closer to the members' voices, and we think there is a room for improvement in this position. For other things such as the degree of hard work, we have already done our best. During the post-pandemic era, there are a lot of things that need to be reconnected. This also requires a lot of determination, effort and time as well.

For the improvement that I mentioned, we have also tried to hold a town hall meeting that allowed us to update our latest news and collect everyone's opinions. It is a relatively interactive event, giving members the opportunity to speak.



**Q: Could you share with us your motto?**

NP: "Fight hard, no regrets" is my motto since I entered the university. To me, regret is more tragic than failure. Therefore, no matter what challenges you are facing, please remember that there are several keys to success: these are whether you have seized the opportunity, whether you have done your best, and never give up.





2023

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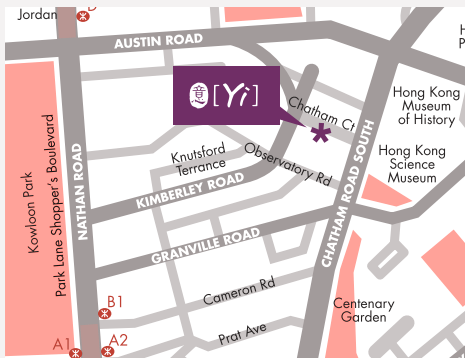
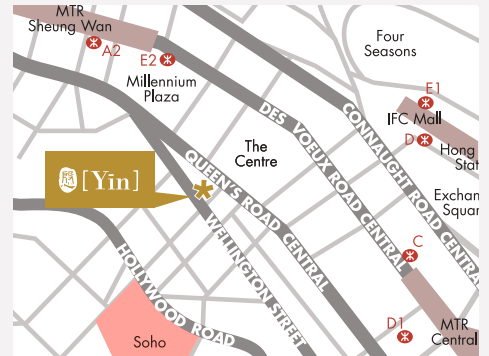


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## INTERVIEW WITH SPONSOR

*JCI Hong Kong National Executive Vice President Senator Lucy Jiang*



**Q: Why is the company name "WSpace+?"**

The name "WSpace+" was chosen for our training business office based on several key factors. Firstly, the "W" in WSpace+ represents a serial concepts:

**WE:** symbolizing our goal of gathering tutors and speakers who share a similar vision.

**WEALTH:** signifies that our academy offers more than just financial training courses; we also emphasize the importance of personal growth and spiritual development.

**WINNING:** reflects our aspiration to provide knowledge that empowers participants to succeed in their business and career endeavours.

**Q: What motivated you to become a trainer?**

Having encountered numerous selfless tutors in the past who willingly shared their knowledge, I gained valuable insights and experienced personal growth as a result. This made me realize that sharing knowledge is a special talent, and I felt compelled to pass on what I had learned to others, enabling them to develop and thrive.

**Q: Has COVID-19 had a negative impact on your company's business? How did you address the challenges and turn crises into opportunities?**

COVID-19 significantly affected our business, especially since we previously relied on physical training methods. The transition to online platforms presented numerous challenges; however, it also provided an opportunity for growth. We adapted by acquiring new skills such as conducting Facebook Live sessions, virtual training, and hosting Zoom meetings. Even after the pandemic, online training and meetings have become commonplace, offering participants the flexibility to choose between physical and virtual options. This has also allowed us to overcome geographical limitations and hold training sessions overseas.

**Q: Did the shift from physical to online teaching make participants feel distanced from one another?**

While there was initially some perceived distance, it was not as significant as anticipated. For example, one of our courses required a two-day physical training session involving various interactive games. However, due to the uncertainty surrounding the duration of the fifth wave of the pandemic, we decided to try



a fully online version. We introduced innovative approaches such as requesting participants to use two devices—one for group discussions and another for listening to the speaker. We also incorporated new tools for exercises, pre-course technique learning, and additional ice-breaking game sessions. These measures created a sense of interaction and enjoyment for participants. Ultimately, the online version proved to be approximately 90% as effective as the fully physical version. Surprisingly, some participants even preferred the online format because it addressed the issue of unclear audio in a traditional classroom setting, especially for those seated at the back.

**Q: How does your position as NEVP in JCI provide you with a different perspective on the world?**

As the supervisor of International Affairs in JCI, my role allows me to engage with JC members from various locations, offering a unique opportunity to expand my network. Since the relaxation of social distancing restrictions, we have hosted receptions for visiting JC members from other countries and facilitated their participation in inaugural ceremonies of JC chapters associated with different religions. These interactions and events have provided us with numerous opportunities to connect with young leaders from around the world. I firmly believe that these connections and opportunities can lead to future projects, exchange tours, and collaborations that not only benefit my business but also contribute to my JCI career.








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